



Kitchissippi
UNITED CHURCH



SEPTEMBER 2023
Season of Creation - **Orange Shirt Sunday**

SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM

WWW.KITCHISSIPPIUC.COM

HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS

<https://www.youtube.com/channel/UCwATU1rozB1PIlaRmr2teVA>



Hello folks!

Another Friday, another busy week in September!

Our love and prayers go to Caroline Midgley and their two sons, on the death of Arnold Midgley. Arnold was such a lovely man, and we will celebrate his life on Tuesday, September 26 at 4pm at the church, with a reception to follow.

This Sunday, please wear Orange for Orange Shirt Sunday. We will learn (or learn more) about Phyllis Webstad.

Please see the poster attached in this Friday file for A New Dawn with Albert Dumont on September 29th in the evening.

Next Sunday, we will celebrate Kitchissippi's 15th Anniversary and welcome the Rev. Bob Lockhart, who will be preaching. We will also celebrate communion, as it is Worldwide Communion Sunday, so if you worship from home, please have the elements of your choosing at the ready.

Blessings on your weekend, and may you enjoy some time outside in Creation,
Jenni



FAITH FORMATION

Looking for help in the Nursery

We have a growing nursery and need additional help. If you would be willing to help out in the nursery, maybe once every 6 weeks or with a schedule that suits your availability, please let Mary Laidlaw (laidlawb@rogers.com) know. It really is a rewarding hour watching young people explore and learn.

UPCOMING WORSHIP SERVICES AND SOCIAL EVENTS

OCTOBER

Sunday, October 1 –World Wide Communion Sunday - Kitchissippi's 15th Anniversary (Food Bank Sunday)

Wednesday, October 4 – UCW in the Hall at 1PM

Sunday, October 8 – Thanksgiving Sunday

Friday, October 13 – KUC Rummage Sale (7pm-9pm)

Saturday, October 14 – KUC Rummage Sale (9am-noon)

Sunday, October 15 – World Food Sunday - Lunch and Learn after the service in the hall (lunch will be provided. Daycare will also be provided. All welcome. Muffin Sunday.

Sunday, October 22 –Peace Sunday

Sunday, October 29 – Reformation Sunday

UPCOMING EVENTS IN SEPTEMBER – SAVE THE DATES!

Fall Lunch and Learns following our regular Sunday Worship

Reflections and Discussions based on Dr. Michael Blair's - Six practices of Courageous **Communities**

PLEASE JOIN US

Topic	Date
Imagination and Extravagance	Oct. 15 11:15 to 1:15 incl. lunch
Risk taking and Igniting Leadership	Nov. 12 11:15 to 1:15 incl. lunch

KUC Fall RUMMAGE SALE

Coming in October, right after Thanksgiving. As in the spring, there will be a BAKE SALE too (baking and preserves)! The sale will be **Friday evening, October 13** and **Saturday morning, October 14**, the usual format of setting up on Wednesday evening and sorting on Thursday and Friday, then cleaning up after 12 on Saturday. We need lots of volunteers to cover all the tasks and times. Please watch for volunteer sign up sheets in the hall soon. This is an important fundraising effort for Kitchissippi and is an enjoyable way to contribute to your church with friends.



Please, No clothing or shoes, donate them instead to charity shops (St Vincent, Salvation Army, etc).

Please email kgracequist@kitchissippiuc.com or phone the office at 613-722-7254 to arrange a time to drop off donations.

COUNCIL – MASKING RECOMMENDATIONS FOR THIS FALL

As we move into fall, COVID-19 is on the rise again and increases in influenza and RSV (Respiratory Syncytial Virus) are predicted. The number of patients across Canada hospitalized with COVID-19 has increased significantly since early August and the COVID signal in Ottawa's wastewater is about 5 times the level it was in late July. The Omicron sub-variants currently circulating in Canada are highly contagious. A new post-Omicron COVID-19 variant was documented in Denmark at the end of August. It has already been identified in several countries around the globe, including Canada. It is too early to tell if this will become a Variant of Concern.

The new Moderna COVID-19 vaccine, which targets the current principal Omicron sub-variant, has been approved by Health Canada and should be available by early October. We encourage everyone who is eligible to get this vaccine once it's released. Canadians over age 60 are eligible to have already received 6 shots and those under 60, 5 shots. You can receive the new vaccine approximately 6 months after your most recent COVID shot or infection.

We strongly recommend that you wear KN-95 masks inside KUC and avoid coming to church if you have symptoms of COVID or have recently been exposed to someone who has tested positive for COVID. Masks will be available in the Narthex. Masks are now required in all clinical areas and waiting rooms of The Ottawa Hospital and Queensway Carleton Hospital.

At this time, the choir will continue to sing without masks if they wish. There are air purifiers in the choir area and the choir is at some distance from the congregation.

WIDER CHURCH



BEET PICKLES ARE READY!

KUC has beet pickles for sale \$7.00. Jennifer Reid and her beet picklers need more jars – only the 500ml please. Please email Jennifer Reid jemp@primus.ca if you have any jars or would like to place an order for beets.

PASTORAL CARE

Compassionate Listening Workshop: Tuesday, Sept. 26, 7:00- 8:30 p.m. Shalom Room. Bells Corners United Church [3955 Old Richmond Road](https://www.bells-corners-uc.org/).

Fine-tune your listening skills to offer support to friends, family or anyone in need. Join the Bells Corners United Church Pastoral and Spiritual Care Team for a one-hour, interactive workshop, led by Rev. Lorrie Lowes. Light refreshments will be served. Register by phone 613-820-8103 or email office@bcuc.org. No registration fee. Donations gratefully accepted.

WE ARE HERE FOR YOU - PLEASE REACH OUT

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Jerzy Sychalski

Custodian

Truth and Reconciliation Events (September and October 2023)

Friday September 29 from 6:30 – 8:30 p.m.
A New Dawn (at Kitchissippi United Church)

Everyone welcome! Join Algonquin Spiritual Advisor Albert Dumont of the Kitigan Zibi Anishinabeg First Nation as we honour, reflect and encourage ways to take action to protect all our kinship relations, including Mother Earth. Celebrate the victory of the changing of the Ottawa river parkway name to Kichi Zibi Mikan. Pay what you can - \$10 minimum donation suggested. Tea, coffee and pastries provided, and special Orange Shirt cookies made by a local Inuk baker!

Kitchissippi United Church, 630 Island Park Drive, Ottawa.

To register contact pnaymark@gmail.com

Reconciling History Walking Tour – September 30 – October 2

LINK HERE: <https://nac-cna.ca/en/event/35016>

On both September 30 and October 2, Assembly of Seven Generations (A7G) and the First Nations & Family Caring Society will host Reconciling History Walking Tours of downtown Ottawa with a stop at the National Arts Centre.

The tour starts at the intersection of Sparks and Lyon and will finish up at Adaawewigamig (55 Byward Market Sq). The Reconciling History Walking Tour follows a route in downtown Ottawa where each stop is an opportunity to learn about the role of non-Indigenous peoples and the federal government in residential schools, and the lessons we can glean from history to address contemporary injustices experienced by Indigenous peoples.



The points of interest highlight the opposing views of Duncan Campbell Scott and Dr. Peter Henderson Bryce. Both were non-Indigenous federal bureaucrats. While Duncan Campbell Scott is considered to be one of the architects of the residential school system, Dr. P.H. Bryce blew the whistle on the preventable deaths of children in residential schools and how Scott refused to implement the solutions to address the problem. Please note the Downtown Tours are available in English only and will be approx. 90 minutes long, covering 2km. Registration available through A7G: bit.ly/reconcilingdowntown.

The National Day of Truth and Reconciliation and Orange Shirt Day at Beechwood Cemetery
Saturday, September 30, 2023, 10:00 AM To 4:00 p.m.

LINK HERE: <https://landing.beechwoodottawa.ca/en-ca/nationaldayoftruthandreconciliation-2023>



In honour of the National Day for Truth and Reconciliation, the Beechwood Cemetery Foundation has partnered with the Assembly of Seven Generations (A7G), and the First Nations Child and Family Caring Society (Caring Society) to host a public day of reconciliation education and action to learn about the residential school system and its legacy so we can all implement the Truth and Reconciliation Commission's Calls to Action.

Join us on September 30, 2023, at the Beechwood National Memorial Center's Sacred Space screening of the Spirit Bear: Honouring Memories, Planting Dreams! short film.

Following the screening, we will be leading visitors onto the grounds for a 45-minute [Reconciliation Tour](#), where we can learn from key historical figures who were involved in the Indian Residential Schools whilst learning about the [Truth and Reconciliation Commission's 94 Calls to Action](#).

Participants will also have the chance to help advance the Calls to Action by writing letters to elected officials, making art, and learning more about the Calls to Action and the MMIWG2+ Calls for Justice at the action tables. At 2:00 p. m., join us for the unveiling of The Children's Sacred Forest at Beechwood Cemetery.

September 25, 26, 28, 28, & 29 from 1:30-2:20pm

[Immersive experience to UN-learn the myths of colonial history in Canada.](#)

These online daily Lunch & Learns cover these topics: Indigenous peoples and the History of residential schools; Unconscious bias and debunking stereotypes; Intergenerational impacts and ongoing systemic discrimination; Indigenous Peoples' rights and the UN Declaration on the Rights of Indigenous Peoples; and Taking action towards Reconciliation. Hosted by the National Centre for Truth and Reconciliation - English & French

Registration and more information [here](#).

Tuesday September 26th from 1:00 – 2:30 p.m.

[Storytelling Journey of Oshkimadizijik Inéwin From the Bush](#)

In this Webinar, the hosts share how the land and community are 'our relations' and how we work together with them in order to heal and weave a blanket of care for ourselves and those around us. Presented by: Joey-Lynn Wabie and Alicia Williamson. Dr. Joey-Lynn Wabie is an Algonquin Anicinabe ikwe from Mahingan Sagahigan (Wolf Lake) First Nation in Quebec. Alicia Williamson is a member of Wiikwemkoong Unceded Territory and the Anishinaabek Nation. This Webinar will run in English with simultaneous French and American Sign Language (ASL) interpretation. A Webinar recording in English and French will be made available after the Webinar. **Registration [here](#). More information [here](#).**

Friday, September 29th from 10:00 a.m. – 5:00 p.m.

Otinichick : Taken

Join this special Truth & Reconciliation event: a proposed multi-media touring installation addressing the legacy of the Indigenous residential schools, day schools, the 60's Scoop, and failed child welfare policies. Presenters include: Survivors, Sixties Scoop Network, Île-à-la-Crosse Boarding Schools, Métis Nation Alberta – Truth & Reconciliation. Food and refreshments will be served. Exhibit and Self-Guided Tours from 10:00 a.m. to noon; 12PM; Presentations and Discussion from noon – 3:00 p.m. (reservations required); Exhibit and Self-Guided Tours from 3:00 p.m. to 5:00 p.m. Wabano Centre, 299 Montreal Road, Ottawa. Registration [here](#). For more information contact tonybelcourt209@gmail.com

September 30th from 10: a.m. to 4:00 p.m.

Spirit Bear Movie Screening & Reconciling History Tour

Screening of short film The Spirit Bear: Honouring Memories, Planting Dreams! Followed by 45-minute guided Reconciliation Tour to view plaques marking the final resting places of key figures in the residential school system while learning about the Truth and Reconciliation Commission's 94 Calls to Action. At 2:00 PM, join the unveiling of The Children's Sacred Forest. Hosted by the Beechwood Cemetery Foundation & Assembly of Seven Generations. Beechwood Cemetery National Memorial Centre, 280 Beechwood Avenue, Ottawa. More information and register and select your time slot during the day [here](#).

September 30th & October 2nd: 10am-12pm, 12-2pm, 2-4pm, or 4-6pm

Downtown Reconciling History Tour

The Reconciling History Walking Tour is a free, self-guided 2 km walking route in downtown Ottawa. Each point of interest along the route is an opportunity to learn about the role of non-Indigenous peoples and the federal government in residential schools, and the lessons we can glean from history to address contemporary injustices experienced by Indigenous peoples. Hosted by the Caring Society & the Assembly of Seven Generations. Begins on Sparks Street, Ottawa. More information and register and pick a day and time [here](#).

September 30th from 12:00 – 1:30 p.m.

National Commemorative Gathering on Parliament Hill

A live commemorative gathering, entitled: “Remembering The Children: National Day for Truth and Reconciliation 2023”, with special programming to honour Survivors, pay tribute to the children who never made it home from residential schools, and deliver a safe and nurturing environment for reconciliation and healing. Co-hosted by APTN and the National Centre for Truth and Reconciliation. Parliament Hill and Live Broadcast on APTN. More information [here](#).